



**GIRL LOSES LOCKS  
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CALGARY

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Thursday, March 24, 2011  
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News worth sharing.



**Tight. Space**

► San Jose Sharks defenceman Ian White, bottom, collides with Calgary Flames' Greg Nemisz during the first period of an NHL hockey game in San Jose, Calif., last night. For game results visit [metronews.ca/calgary](http://metronews.ca/calgary).

MARCIO JOSE SANCHEZ/THE ASSOCIATED PRESS

## When Sharks and Flames collide

### Cash boost for city, cuts for CBE

Alderman says city tax back and CBE cuts are not related {page 4}

### Royal wedding etiquette 101

Guests at Wills and Kate's nuptials taught how to behave {page 9}

# Theft spree at museums a possible inside job

► Curators say volunteer is primary suspect in case  
► Police and The Military Museum executives refuse to confirm that's the case, citing ongoing investigation



**JEREMY NOLA**  
@METRONEWS.CA

Curators within The Military Museums say they believe the primary suspect in a recent theft spree of valuable collectibles is a longtime volunteer.

As first reported by Metro, museum officials have confirmed hundreds of items — including medals, badges and belts — were stolen between August and December last year.

Bruce Connolly, an assistant curator at the Naval Museum of Alberta, one of eight organizations that constitute The Military Museums, said he was told a volunteer was allegedly involved, adding the revelation has left him feeling "betrayed."

"I didn't know the person, I knew of him," said Connolly, who has worked at the museum for 17 years. "I believe what happened is somebody got into one of their storage rooms ... If people have access to keys, there's no control over that."

### Stolen items

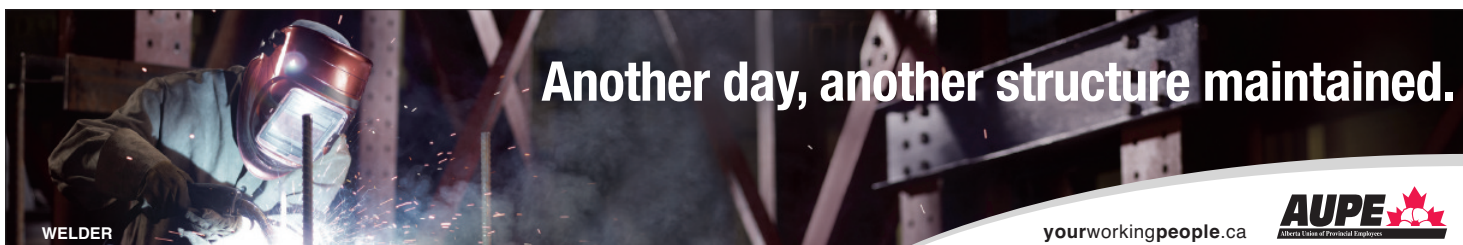
► Museum executive director Tom Doucette said the total number of items taken is still being calculated but could reach 500.

Connolly said the army-themed museums were hardest hit and that nothing was taken from the naval museum.

Alison Mercer, curator at the Air Force Museum of Alberta, said the incident has definitely had an impact on the museum community.

"I think we're all incredibly shocked by that, none of us really expected that," she said. "Especially for somebody that's been here so long, but I guess that's kind of how he learned the processes and things like that."

Neither Calgary police nor Tom Doucette, executive director for The Military Museums, would confirm that a volunteer is a suspect, citing an ongoing investigation.



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## No criminal charges laid in teacher probe

Strathmore RCMP have concluded an investigation into a Rocky View teacher dismissed earlier this month for "unbecoming" conduct and will not be laying charges.

Const. Clint Chisum said his detachment had determined nothing criminal occurred in relation to the dismissal.

The teacher had been working at Langdon School, which has nearly 800 students and is located 25 kilometres east of Calgary, and was reportedly dismissed March 11.

This came one day after allegations against the teacher came to light, officials with Rocky View school said, but little other information has been released about the claims.

Parents were reportedly informed of the dismissal through a letter sent home with students. **METRO**

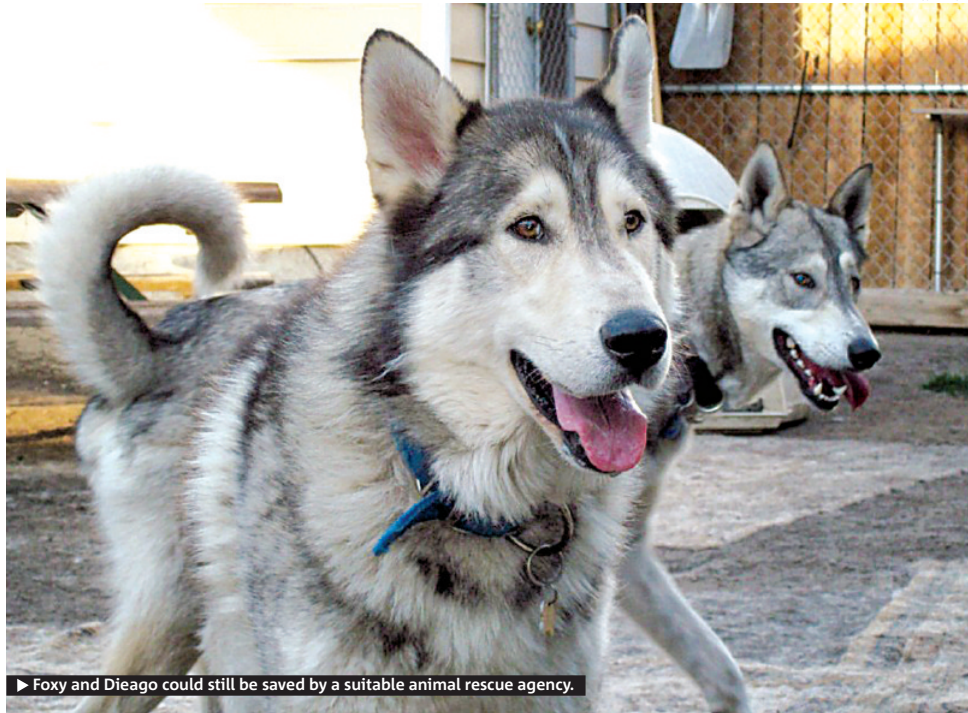
## Shaw cuts Calgary jobs

Shaw Communications has laid off 140 employees in Calgary in an effort to streamline their core operations.

It was announced yesterday the Calgary-based company released 500 people from across the country in a cost-cutting measure in the increasingly competitive telecommunications industry. Employees who were handed their letters yesterday in Calgary were mostly senior and middle management, according to Peter Bissonnette, president of Shaw.

"We've organized ourselves from 18 regions across the country into seven regions and as a result, the overhead associated with 18 have been reduced," said Bissonnette.

**KATIE TURNER**



► Foxy and Diego could still be saved by a suitable animal rescue agency.

# Dogs may face death sentence

► Pair have now been deemed 'unsuitable for adoption' by city bylaw services ► Decision on their fate has been held over to Monday



**JEREMY NOLAS**  
@METRONEWS.CA

Former caregivers of two Siberian huskies are pleading with the city not to euthanize the animals.

The two dogs, Diego and Foxy, were picked up for running large earlier this month. It was the 33rd offence registered against the duo in the past four years, said city bylaw boss Bill Bruce.

Now, the dogs have been deemed "unsuitable for adoption" and could

be euthanized — something that doesn't make sense to Teresa and Kevin Sparham.

The couple cared for the dogs a year and a half ago and are willing to take full ownership of them now.

"They are awesome family dogs," Teresa said, pausing momentarily to weep. "We never had an issue with them."

Bruce acknowledged the dogs have not attacked anyone, but said they have shown some aggressive tendencies.

"They're beautiful dogs, healthy, but temperament-wise (they're) not really going (to) work out that well around people," Bruce said, noting the city is still searching for a rescue agency capable of taking the huskies.

Teresa questioned the living conditions of the dogs at the city's animal pound.

"How can you assess a dog in a small kennel?" she said.

"Dogs should be assessed out in a park or running with other dogs."

### Dogs in limbo

The current registered owners have not claimed the five-year-old huskies.

- 1 The Sparhams said they took care of the dogs while waiting for a foster family to find a suitable home for them.
- 2 The Sparhams said they have been denied access to see the dogs, but city bylaw services claims they have not received any inquiries from them.



UFC has dodged concussion woes, but stubborn fighters may be a problem. Scan code for story.

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**Federal parties are arguing over who to blame for an election, but experts say that won't matter when it's time to vote. Video at [metronews.ca](http://metronews.ca)**



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## DOWNTOWN C-TRAIN

**Police review video in stabbing**

Investigators are reviewing surveillance video after a stabbing on a downtown C-Train Tuesday night that sent one man to hospital. Around 9:35 p.m., police

responded to a stabbing on the 400 block of 7 Avenue SW. Investigators are searching for a male suspect who was accompanied by a female. The two were seen at the Victoria Park/Stamper Station with the victim six minutes before boarding the northbound train. It's believed the two exited the 4 Street LRT Station walking eastbound after the stabbing. Those with information are asked to call 403-266-1234. ● METRO

**\$100K fine possible for chocolatier**

Famed Calgary chocolate-maker Bernard Callebaut was in court yesterday accused of stealing chocolate and other items from his former company — and could face \$100,000 in fines.

Callebaut, meanwhile, admitted to taking the items but said the chocolate was property of the wholesaler who had just shipped it. ● METRO

**Cops target graffiti artists**

Calgary police are looking to crack down on some prolific graffiti artists in town. Police have released several photos of so-called "tags," basically the signature of a graffiti culprit.

The tags of interest include: "CAS, AKOR, GOWR, PHERE, BAYSE."

Anyone with information is asked to call police at 403-206-8324 or Crime Stoppers. ● METRO

# City tax back, CBE cuts not related: Aldermen



► At a Tuesday press conference, board of trustees chair Pat Cochrane says the CBE feels "sick" over the job cuts.

- CBE announces 172 fewer positions for upcoming school year
- Province gives \$42 million of education property tax back to city



KATIE TURNER  
CALGARY@METRONEWS.CA

Despite a recent cash boost from the province to the City of Calgary, aldermen say there is no correlation between the tax dollars and job cuts at the Calgary Board of Education.

During a press conference Tuesday, chair of the board of trustees Pat Cochrane said the province lacks direction in terms of educational funding.

"We're in a \$61-million hole and yet the province seems OK with topping up the city to the tune of \$42 million out of what has been committed education dollars so, yeah, we have a

bit of a problem with it," she said.

However, former school principal and current Ward 12 Ald. Shane Keating said the belief the money was "stolen from education" is not accurate.

"Yes, I'm extremely happy for the city and I'm not so happy for the school board but I don't think the two are definitely related," said Keating.

Ald. Gael MacLeod agreed the correlation between city funding and CBE job cuts is missing.

"The province chose not to use that money, which left it open for the city to use," she said.

"That has nothing to do with the CBE."

**Property tax**

► Alberta's property tax is made up of two components: The municipal property tax; and the provincial education property tax.

► "The education property tax is a stable source of revenue used to support basic education funding," according to a 2011 provincial budget document.

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# Girl loses locks in tribute to brother

► Youngster survived long bout with lung cancer ► More than \$12,000 raised for Kids Cancer Care



**JEREMY NOLAÏS**  
@METRONEWS.CA

Shedding her locks held special meaning for a Calgary youngster yesterday.

And even as the razor tugged on her hair a little, the smile never left nine-year-old Alyssa Yip's face.

After all, she knows her brother Matthew, 10, has been through much worse.

Matthew was diagnosed with primary liver cancer just before his sixth birthday. Alyssa watched as he endured a long fight. Now, the Yip family is celebrating two years since he went into remission.

"He's really strong now," Alyssa said. "It was really hard. He was all yellow and stiff and couldn't really walk so good, but he's really good now."

Alyssa raised \$7,000 for the head shave on her own and also inspired more than 20 students and staff at her Beddington Heights school to lose their mops as well.

Matthew called his sister's sacrifice "pretty special"

"Now she has no hair like me," he joked.

The youngsters' mother, Bernadette, beamed as she watched from the audience yesterday. Some people in



► Baldness was in the family yesterday after Alyssa Yip, left, shaved her head in a tribute to her brother.

## Road to remission

- Matthew Yip has persevered through 12 rounds of chemotherapy and nine surgeries.
- Doctors have removed 80 per cent of his liver and one-third of his lung.
- Beddington Heights School only began raising money one week prior to the head shave, yet still raised \$5,000 to go with Alyssa's contribution of \$7,000.

attendance were wiping tears from their eyes.

"For her to initiate makes me very proud," Bernadette said. "It was great to see everyone else get behind it as well."

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## News in brief

**Mayors from all over to visit**

Calgary will be home to more mayors than just Naheed Nenshi this weekend at the Inter-American Development Bank Annual Meeting.

Nenshi will host close to 30 mayors from Canada, Latin America and the Caribbean. ● METRO

**Twitchell met with police one week after**

An Edmonton jury heard that a week after Johnny Altinger disappeared the

man eventually accused of his murder met with police and denied it all.

Const. Christopher Maxwell said Mark Twitchell told him he didn't know Altinger and had not seen him the night of Oct. 10, 2008, at a garage he was renting. Twitchell couldn't explain why there was a barrel of charred remains in the garage. **THE CANADIAN PRESS**

**Group banned from Pet Expo**

Actions Speak Louder Calgary, an activist group, has been told it is not allowed to collect signatures in favour of banning the sale of pets at this weekend's Calgary Pet Expo. ● METRO

# Blogger does not get any cheese with her whine

► U of C Campus Food Bank raising awareness through week-long challenge ► Nine bloggers, nine food hampers, one week of rationing

Alyssa Stacy didn't get around to picking up her food hamper until about 3 p.m. Friday afternoon and she quickly realized the disadvantage of showing up late — there was no more cheese.

This week Stacy is one of nine University of Calgary students and faculty members taking part in 'The Hamper Project' in which participants will blog about the trials and tribulations of living strictly off the con-

tents of a hamper provided by the Student Union Campus Food Bank for a full week.

Though Stacy was pleasantly surprised by the amount of food contained in the hamper, she admits to having to ration some staple items like sugar and flour.

"I am eating almost better than usual because having the hamper is making me plan my meals ahead," Stacy said.

**A bigger picture**

Another participant, Erin Kaipainen, a self proclaimed food advocate, also hopes the blog will make people consider the bigger picture.

► "Everyone needs to be working towards food security in our communities," said Kaipainen. "Yes food banks and hampers are good in emergency situations but beyond that we really need to be asking: why are people hungry to begin with?"

She said she hopes her involvement will not only raise awareness about resources available on cam-

pus but also encourage people who might be a bit hesitant to access help to take the plunge. ● CAROLINA NOVOTNY



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# Back from the brink?

- PM tells parties: 'It's not too late'  
► Layton says: 'There's still time'

The Harper government appears set to fall tomorrow — even as the Conservatives and opposition remind each other there's still time to step back from the edge.

Prime Minister Stephen Harper said the Liberals, NDP and Bloc Québécois — who all plan to vote against the budget handed down Tuesday — can still change their minds.

"The opposition still have the opportunity to put Canadians' interests first," he said.

"It is not too late for

them to step back."

He rhymed off a string of measures from the budget, saying they are vital to support a still-fragile economic recovery.

"Our economy is not a political game," he said.

However, the Conservatives have flatly refused to consider any amendments to their budget in order to stave off an election.

NDP Leader Jack Layton said he might still support the government if there are changes he can accept.

"There's still a little bit of time," he said.

"I know Mr. Harper and Mr. Flaherty are saying they can't possibly talk about amending the budget. I don't know why. What's the big obstacle to that? Others have done it before."

Liberal Leader Michael Ignatieff said he's ready to introduce a non-confidence motion today and



► Iggy's warning: Liberal Leader Michael Ignatieff says he's ready for action with a non-confidence motion.

## Jack ready to go

► Is Jack Layton fit to fight an election? He and his party insist he is despite battling prostate cancer and his recovery from hip surgery.

► "Every day ... he gets more and more mobile," says his campaign boss.

debate it tomorrow.

"We have a responsibility to say quite clearly that this government has lost the confidence of the House of Commons," he said.

"This government has lost the confidence of

Canadians."

Bloc Leader Gilles Duceppe said the Tories want to be defeated. "Mr. Harper is not fooling anyone," he said.

"He wants an election at all costs."

THE CANADIAN PRESS

## Can we bank on it?

A federal election likely ensures Canadians will enjoy super-low interest rates until at least the summer and possibly the fall.

CIBC is changing its

mind and says the Bank of Canada will next raise rates in July not May. Scotiabank thinks it won't happen until October.

THE CANADIAN PRESS

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# Guests at royal wedding given etiquette advice

► Those attending nuptials for Prince William and Kate Middleton given rules on when and how to arrive

Don't give the Queen a friendly hug and don't tweet from the church.

That's just the start of the advice being offered to those attending Britain's April 29 royal wedding.

St. James's Palace says the guest list is an eclectic mix of European royalty, military personnel, charity workers, diplomats and friends of Prince William and fiancée Kate Middleton. Some invitees will have been born into families that teach children to curtsy as soon as they can walk, but others may need a bit of help navigating the etiquette and protocol that such a day demands.

Anyone who is invited to



the wedding will be given detailed instructions on how and when to arrive at Westminster Abbey, where the wedding is being held.

The first rule: Don't be late. "The Queen should be the very last person to ar-

rive at the church before the bride and her attendants," said wedding planner and etiquette adviser Sarah Hayward.

Next, choose an outfit that blends in.

Women should wear a dress — not too short, not too skimpy and certainly not white. Most British women will complete the look with a hat or a fascinator — a small feathered or jewelled hairpiece attached to a clip or a comb.

"The ultimate faux pas would be to have your mobile phone go off in the Abbey, even if you had 'God Save the Queen' as your ringtone," Hayward said.

THE ASSOCIATED PRESS

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NATO

## London to hold talks over Libya

U.S., European, and Arab and African officials have been invited to London next week for political talks about Libya and how the NATO alliance will assume responsibility for the no-fly zone over the North African nation to protect civilians, France and Britain said yesterday.

NATO nations, meanwhile, remained

deadlocked over the alliance's possible role in enforcing the UN-authorized no-fly zone.

In Paris, French Foreign Minister Alain Juppé announced that a contact group, including the United States, France, Britain and other countries involved in efforts to settle Libya's tensions, will meet in London on Tuesday. He told French legislators the gathering is aimed at showing that the "political piloting" of the international operation in Libya is not being handled by NATO, but by a broader group of countries. **THE ASSOCIATED PRESS**

# Canadian CF-18s bomb Libyan ammunition depot

ANJA NIEDRINGHAUS/THE ASSOCIATED PRESS



► A gun was handed over to a Libyan boy during a rally in support of the allied air campaigns against the troops of Moammar Gadhafi in Benghazi, eastern Libya, yesterday.

► **Feds dispatched six such jets to help enforce the no-fly zone**

Canadian fighter jets took part in coalition air assaults yesterday that helped drive tanks loyal to dictator Moammar Gadhafi out of Libya's third-largest city.

Coalition aircraft conducted a series of raids on two major centres.

The Canadian air force says four of its CF-18 jet fighters, supported by two air-to-air refuelling aircraft, conducted two separate bombing missions, one overnight and the second later in the day.

The first attack took place at Misrata, east of Tripoli on the Mediterranean coast, the scene of heavy fighting between rebels and Gadhafi forces.

Reports emerging last week from the city of 500,000 said innocent civilians were being shot

**"From all indications, it was a solid military target."**

MAJ.-GEN. TOM LAWSON

in the streets as the dictator's soldiers tried to reassert control.

The Canadian raid reportedly destroyed an ammunition depot.

Four laser-guided, 226-kilogram bombs were dropped during the raid, said Maj.-Gen. Tom Lawson, deputy chief of air staff.

There were no reports of civilian casualties, but Lawson hastened to add that "couldn't be assured until there was a full battle damage assessment."

The air force released aerial video footage of the target being destroyed.

THE CANADIAN PRESS

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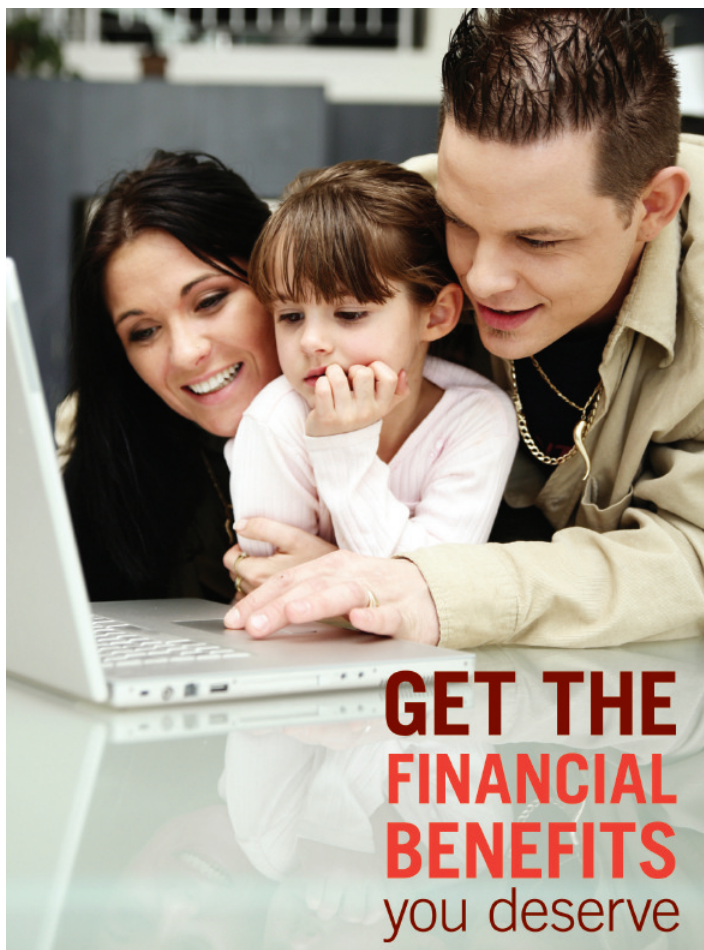
► **SAP Financials (FI/CO):** Next Batch, Mar. 27, 2011

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► Employees man their stations at Facebook Canada headquarters in Toronto. The free social-media site is valued at up to \$75 billion US because of its growing army of advertisers.

# The kind of ads money can't buy

► How does Facebook turn a profit? With corporate ads ► Tim Hortons is one brand venturing onto the site

Everyone knows that Facebook is a place where friends and family share news and photos. But more and more, it's also a place where companies share product pitches.

About 50 million connections are made every day between businesses and Facebook users. But do these interactions translate into a sales bump?

"We're testing the waters with that," says David Morelli, public-affairs director for Tim Hortons, which has more than 1.4 million Facebook fans.

Tim's started buying ads only recently. Morelli says the company is still trying to figure out their effectiveness against other types of marketing.

"We're learning and trying to determine what are the right metrics, the right (media) spends," he says.

**"We're not talking at customers, we're talking with them on Facebook."**

DAVID MORELLI, DIRECTOR OF PUBLIC AFFAIRS, TIM HORTONS

One thing is certain: Recommendations from "your friends, your family, your colleagues and people you care about, that are most like you" are a special kind of advertising that money can't buy, says Facebook Canada head Jordan Banks.

"You no longer need Oprah Winfrey to take your product and name it one of her favourite things."

And for users who object to the corporatization of Facebook, Banks says they are free to stop "fan-ing" ads and start "x-ing" them out.

THE CANADIAN PRESS

## Glittering year ahead for luxury jeweller

Luxury diamond retailer Harry Winston predicts a bright future this year as stronger demand for high-end goods pushes sales and profits higher.

The Toronto-based company said it expects diamond purchases to climb as the global economy rebounds, especially in Asia, where holiday sales rose 169 per cent, excluding sales in Japan, which ac-

counted for 18 per cent.

"The luxury goods demand, you'd think they'd be going down right now but they're not. They've been doing extremely well, especially in Asia and in the States," Scotia Capital analyst David Christie said.

The company plans to focus on its watch business, which provides higher profit margins compared to other products. It credits rising

demand in China and Asia for the 89 per cent higher sales in its luxury brand segment, which grew to \$132.7 million last year.

The company, a partial owner of the Diavik mine in the Northwest Territories, said it plans to begin exploration drilling that will provide a better mix of higher grade diamonds, helping bring up prices by up to 30 per cent. THE CANADIAN PRESS



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### Market moment

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SOURCE: WOODWARD CLARK

## YOUR HANDY-DANDY GUIDE TO ELECTIONS

He says ...

JOHN  
MAZEROLLE

**Do you have a headache? Nausea? The urge to remove your eyes with a salad fork? Then you've got Canadian election fever!**

**R**ight this second, Stephen Harper is amassing a pile of neatly folded sweater vests, ready for battle. Michael Ignatieff is doubling his morning series of eyebrow reps. Jack Layton is constructing a kitchen table where he will have homegrown discussions with real Canadian families. And Elizabeth May and Gilles Duceppe are getting mentioned in this passage because they get equal time during election campaigns.

Perhaps this will be your first vote because you've turned 18,

recently become a Canadian citizen, or you plug your ears and go "la la la la" as soon as you hear the word "election."

Well, have no fear: You'll get by with my handy-dandy Guide To Voting In Canada.

**WHO CAN VOTE?**

To vote in a Canadian election, you must be:

- Tall enough to reach the top of a cardboard box on a table and have no fear of gymnasiums.

- Able to say the following sentence whenever required, usually while sitting at a bar: "If you don't vote, you've got no right to complain."

**WHO AM I VOTING FOR?**

You're voting for an MP, or Manipulative Person. They have been selected by their respective

parties based on their ability to mention your name, employ clichés, and touch voters' elbows in a compassionate manner.

For example: "At the end of the day, John, you can tell I care because I'm touching your elbow."

**WHAT CAN I EXPECT?**

You may be one of those people who assumes an election is no time to expect a high-minded policy discussion. You are what political scientists like to call "correct."

What you can expect are attack ads like this: "Stephen Harper enjoys apple pie. As in, 'American as apple pie.' Is Harper in the pockets of U.S. dessert makers? Well, nobody said he is-

n't."

Also, expect ads about Ignatieff where a narrator describes him as an "intellectual" in the same tone of voice somebody would normally say "groin lesion."

**WHY SHOULD I VOTE?**

Because not voting when people in Arab countries are dying for it is like standing in front of a homeless person and dumping your pizza into the garbage can because the slices "all taste the same."

Besides, if you are going to suffer — and you are — you might as well have something to show for it. Nobody escapes Canadian election fever.

Read more of John Mazerolle's columns at [metronews.ca/hesays](http://metronews.ca/hesays)

## Cartoon

MICHAEL DE ADER



## The filthy reality of life

## Worth mentioning

Dirt has a bad image. Muck, we think: Yuck.

But getting your hands dirty can also be irresistible, as every child knows. A major new museum exhibition in London asks visitors to think again about the filthy and the fetid, exploring the role of dirt as humanity's enemy and ally in history, art, science and medicine.

"Dirt is something we make and encounter every day," said James Peto, senior curator at the Wellcome Collection, where the exhibition opens today.

Peto said the exhibition — *Dirt: The Filthy Reality Of Everyday Life* — explores both the good and bad sides of dirt.

## Dirt — enemy and ally

WELLCOME IMAGES/THE ASSOCIATED PRESS



"Some of it, in the right quantities and the right place, is good for us," he said. "Soil in the sense of 'soiled sheets' is bad, but soil where vegetables grow feeds us."

"And it's where we all end up in the end."

Filth's intimacy and omnipresence may explain some of the terror and fascination that dirt —

defined by the exhibition as "dust, excrement, rubbish, bacteria and soil" — holds for us.

We abhor it, but it's also a mark of progress — the more cities, industry and civilization there are, the more dirt, and finding ways to dispose of it has taxed societies for centuries.

THE ASSOCIATED PRESS

**What animal best represents you? Why?**

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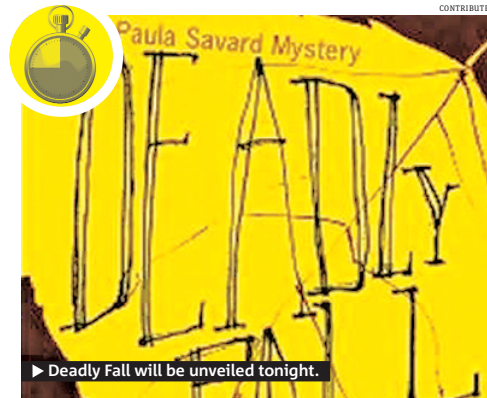
## Metro Minute with Deadly Fall launch

Literary enthusiasts are invited tonight to help launch an author's first published work set right here in Calgary.

Starting at 7 p.m. at Owl's Nest Bookstore, Susan Calder will unveil *Deadly Fall*. The novel follows a woman named Paula Savard whose best friend Callie is murdered while jogging in the inner city. After some investiga-

tion, Paula's suspicions zero in on Callie's new husband, Sam. Those in attendance will be able to ask questions and get autographed copies of the book. Wine and refreshments will also be served.

Owl's Nest Bookstore is located in the Britannia Shopping Plaza at 815A-49th Ave. SW. For more information, go online to [susanacalder.com](http://susanacalder.com). ● METRO





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2  
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comes to town

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► Fashion Television Host Jeanne Beker is in town for Fashion Has No Borders.

LUCAS OLENIUK/TORSTAR NEWS SERVICES

## Scene in brief



Republican officials say Donald Trump will address the party's Lincoln Day dinner as part of his first foray into Iowa as a possible presidential contender.

Trump has said he will decide by June whether to seek the Republican presidential nomination.

THE ASSOCIATED PRESS

BACKSTAGE  
PASS

JENNIFER LARAWAY  
METRO CALGARY



The fabulous Jeanne Beker from Fashion Television is in town for Fashion Has No Borders. I remember watching Fashion Television in its infancy when Jeanne struggled to get the attention of mainstream designers for an interview.

It was kind of like watching the awkwardness of Ben Mulroney at the Oscars.

But how the tables have turned over the years. Beker has really come into her own. Now, people are clamouring to get the attention of this fashion personality who has also launched her own successful clothing line and is on the top of her professional game.

Calgarians have the chance to see this fashion icon in the Big Four building on Stampede Grounds on Saturday at the Fashion Has No Borders event. The

show runs 11 a.m. to 9 p.m. If you snap up tickets in advance, they are a bargain at \$8.50 a pop.

Fashion Has No Borders is chalk full of fashion, health, and beauty experts with one-of-a-kind and tried-and-true products.

Amongst those showing their collections is Calgary designer Elizabeth Anne LeGear, who is actually launching the first purse for your feet called Purse 'n Boots at the show. Ladies, it's our prayers answered. No more leaving teeny tiny

clutches with the DJ or trying to keep an eye on your precious Louis Vuitton while you're out for a night on the town. The line debuts this weekend at Fashion Has No Borders and a pair will cost you about \$300. For a sneak peek check out elizabethhanneshoes.com.

The event also features a celebrity catwalk, fashion theatre, cocktail lounge, and an art gallery. Now that's what I call beautiful. To get your hands on tickets to Fashion Has No Borders, visit fashionhasnoborders.com.

Tweet-up  
for a fun  
Twestival

If you haven't jumped on the tweet-up bandwagon, now's the time.

Tweet-ups give you the chance to meet the people you interact with online and more often than not, Tweeters are brought together by a good time. Twestival 2011 is no exception.

With a red carpet full of paparazzi, this event combines high fashion with local charities and supports Making Changes — an organization dedicated to helping women in transition.

Of course the details are online and so are tickets, which are only \$15 on calgary.twestival.com. The event takes place tonight at 5 p.m. over at Firewater (222 - 7th Street S.W.). The goal is to raise \$3,000.

► JENNIFER LARAWAY

Church in a  
bar opens  
your eyes

So a priest walks into a bar... It's not the start of a bad joke, it's the start of Rob Brown's afternoon. He's actually a minister and he's making a difference beyond the walls of his makeshift church at the Amsterdam Rhino.

That's right; the bar doubles as a congregation. Each Sunday, Brown holds a sermon. One of the projects he's coordinating is called Traffic Jam 2. Open to the public, this informal event sheds light on a very serious subject: human trafficking.

Traffic Jam 2 takes place at 6 p.m. on Sunday The Rhino (607 - 11 Ave. SW).

► JENNIFER LARAWAY



Ivanka Trump stalking suspect kept trying to contact her after court order, prosecutors say

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# Malone knows how to punch

► Sucker Punch actress did eight months of training for the movie's battle scenes ► Despite getting many bruises she found the dancing training for the film was harder ► Young female cast bonded during filming



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METRO WORLD NEWS IN LOS ANGELES

Jena Malone isn't typically who you might think of when you think "action hero," but then her new film, *Sucker Punch*, isn't your typical action movie.

In fact, the 26-year-old actress, who's best known for indie fare like *Donnie Darko*, *Saved!* and *Into the Wild*, was drawn to *Sucker Punch* because of how different it was.

"Within the action genre, most females are mostly divvied to extremes — sort of the damsel in distress or sort of the hot babe, you know?" she says. "What's really cool is that all of these characters get to be multifaceted, multidimensional."

"You're exploring vulnerabilities, you're exploring the fears, you're



► Jean Malone, left, Abbie Cornish, centre, and Vanessa Hudgens star in *Sucker Punch*.

exploring the confidence, you're exploring the sexiness of what it is to be a woman."

In the film, Malone and her co-stars (Emily Browning, Abbie Cornish, Vanessa Hudgens and Jamie Chung) use their imaginations to escape their bleak reality — being held prisoner in a mental hospital. But Mal-

one admits even less severe realities sometimes need escaping from.

"I always try to escape reality when I have to clean," she says. "I feel like I really need to put on an alter ego because it doesn't come as naturally to me. So I try to put on some sort of super-sexy outfit just to get excited and do dance

movements."

For the fantastical battle sequences in *Sucker Punch*, Malone and her co-stars trained for eight months in mixed martial arts, firearms and swordplay. And the training didn't come without its risks.

"You always get a little bruise here or there," she says. "It felt right, kind of. If

I maybe went a little too far and twisted something or tore something or got a bruise, it felt appropriate. It just felt good. Luckily, all of our injuries were just walking injuries. No one had to be hospitalized."

More daunting than any stunt-work, it turns out, was actual dancing. In the main fantasy world of *Sucker Punch*, the girls serve as exotic dancers at a burlesque club.

"We trained for weeks to be able to figure out how to do these dances," Malone says. "They were terrifying and incredible and spectacular. Pole-dancing was the hardest thing I did the entire film. I got worse bruises doing the dance choreography than I did during eight months of stunt training. Literally, there was a map of Africa on my thigh."

All that bruising, though, didn't exactly pay off, as the dances overlap

with the fantastic battle sequences, and in the editing room the battles won out. But it's OK, says Malone:

"As an audience member, I think it's actually more interesting that you never see the girls dance. It becomes more of a device of the film and it makes the fighting a little bit more spectacular."

Of course, filming such an intense movie together leads to some pretty serious bonding, right?

"We can't stand each other, obviously," Malone says, before bursting out laughing. "No, we're literally friends for life," she says of Browning, Cornish, Hudgens and Chung.

"This is a life-altering experience, and to be able to share it with four of your best friends that are bonded together on such an intimate level, you can't take that away as soon as the camera stops."

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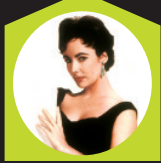
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## Career highs



## Childhood fame

The hit films *Lassie Come Home* and *National Velvet*

catapulted her to stardom.

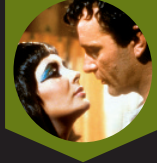
## Bold choices

*Cleopatra*, in 1960, earned her a \$1 million paycheck, making her the highest-paid actress at the time.

## Instant classics

*Father of the Bride*, *A Place in the Sun* and *Suddenly, Last Summer* became instant classics.

## Career lows



## Failed marriages

She had eight total, to magnates (Conrad Hilton), co-stars (Eddie

Fisher, Richard Burton twice) and, most recently, a much younger construction worker (Larry Fortensky) who she divorced in 1996.

## Gossip staple

In addition to her love life, Taylor was often in the news because of her poor health, her protective relationship with Michael Jackson and her lavish lifestyle. But she also was a devoted AIDS and amfAR activist.



► Throughout her career, Taylor was equally as famous for her personal life, marrying eight times, and for her charity work battling AIDS.

# Liz Taylor dies at 79

► The legendary actress passed away due to congenital heart failure



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METRO WORLD NEWS IN LOS ANGELES

Maria Burton," Taylor's publicist, Sally Morrison, said in a statement.

Taylor's son, Michael Wilding, spoke fondly of his mother.

"My Mother was an extraordinary woman who lived life to the fullest, with great passion, humour and love. Though her loss is devastating to those of us who held her so close and so dear, we will always be inspired by her enduring contribution to our world."

Taylor is survived by her children as well as 10 grandchildren and four great grandchildren.

Famed actress and humanitarian Dame Elizabeth Taylor has passed away at the age of 79. The two-time Oscar winner died at Cedars-Sinai Hospital, where she had been receiving treatment for congestive heart failure. A small funeral for family and friends is planned for later this week.

"She was surrounded by her children: Michael Wilding, Christopher Wilding, Liza Todd and

**Metro asked its Twitter followers:**  
Have you ever seen an Elizabeth Taylor movie?

@gurtman93  
Elizabeth who?  
CALGARY

@cdnrecruiter - I remember watching *National Velvet* as a child...I think she was only 12 when she made that.  
CALGARY

@soulmates  
OMG yes. She was stunning.  
Favourite - *Cat on a Hot Tin Roof* with a young Paul Newman. The two ooze sexuality with no nudity.  
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## Talking points

### Zellweger finds solace from Bullock

**PEOPLE** While nursing a broken heart in New York City, Renee Zellweger has reportedly found a sympathetic ear in pal Sandra Bullock, according to Pop Eater.

The two actresses caught up with each other this week in the wake of Zellweger's split from Bradley Cooper.

"If anyone can cheer a person up after a bad breakup, it's Sandra," a source says.

"After what Sandra went through, you have no right feeling sorry for yourself at all. I can't think of a better medicine than spending an hour or two with Sandy. The way she handled herself with such grace and dignity after her split is an inspiration to us all."

● METRO

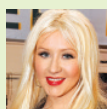
### Wood gets help with nude scene

**PEOPLE** When it came time to film a nude scene for her new HBO miniseries, Mildred Pierce, actress Evan Rachel Wood looked no further than co-star Kate Winslet for support, according to E! News.

"She coached me through my first nude scene," Wood says of the Titanic star. "I mean, she's done it all. She was literally next to the camera going (thumbs-up)."

● METRO

## Celebrity tweets



**Christina Aguilera**  
[@TheRealXtina]

Thanks for the welcome to Twitter. I'm getting the hang of this. Never thought I'd say the word "hashtag". Pandora's box has been opened.



**Lindsay Lohan**  
[@lindsaylohan]

7:00am  
russian bazaar call times are just too much! i think i'm still going to be waking up in hair/make-up..but praise fashion+kellogs! :)



**Jessica Alba**  
[@jessicaalba] Oh my aching

heartburn...



**Conan O'Brien**  
[@ConanOBrien] Ah, Springtime

in L.A.! It reminds me of Fall in L.A.

● METRO

### Travolta criticized for flight video

**PEOPLE** Given his love for flying planes, it's no surprise John Travolta chose to appear dressed as a pilot for a Qantas Airlines in-flight safety video. But it turns out some Qantas employees are not amused. Airline

staff members have taken to message boards to blast the video. "The whole thing seems to make the safety message seem trite," one employee wrote. ● METRO

# Brand struggling with married life

► Compares being a husband to Perry like dealing with a drug addiction



Russell Brand admits that adjusting to married life with Katy Perry has taken some work.

"I can't believe I used to have sex 20 times a week, especially now I'm married. But now I'm a bloody good gardener. It's difficult getting used to one person and being in the same house every day," he tells Piers Morgan during an interview.

Brand's trick, he explains, is to approach handling married life like he did when he was in addiction recovery.

"I take it one step at a time — like with drugs, like with alcohol," he says. "Don't look at things as in 'rest of life'. Of course marriage is for life and that's what I wanted, but any-

**"Don't look at things as in 'rest of life'. Of course marriage is for life and that's what I wanted, but anything for the rest of life can be daunting."**

**RUSSELL BRAND ON THE STRUGGLES OF NOW BEING MARRIED TO KATY PERRY**

thing for the rest of life can be daunting."

Brand and Perry were married back in Oct. 2010.

They have spoken about having children but to this date neither has said they're ready to have children together.

● METRO

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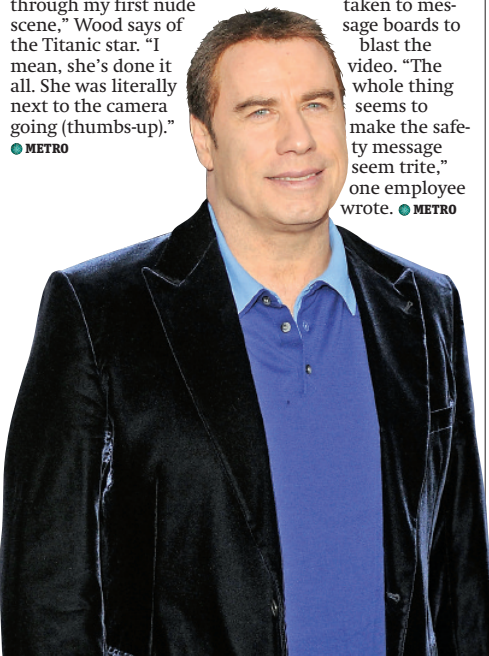
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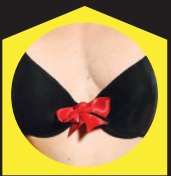
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3  
life

## Up and down



## Clap-off underwear

Some random guy invented a clap-off bra that drops off the body at the sound of applause, presumably for those guys out there who are too lazy to figure out how to undo the clasp. Let's just hope no one wears it at a rock concert.

● METRO



Bright hues, bold patterns big for spring, says star stylist Phillip Bloch

# Spruce up your act for spring

► Don't be the guy who rolls into the office with puddle-like underarm sweat patches and an oily face fit to grease an engine ► We tell you how to update your look for the warm weather

**RICHARD PECKETT**  
LIFE@METRONEWS.CA  
METRO WORLD NEWS



► Add a pop of colour at the waistline (above) or the ankle for a bright and cool spring update.

## What to wear



1



2



3



4



5



6

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### 4 PRADA

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\$822, prada.com

### 5 RALPH LAUREN

Madras check shorts  
\$90, ralphlauren.com

### 6 ST. JAMES

Binic II breton top  
\$143, oipolloi.com

● RICHARD PECKETT

Some spring and summer staples aren't for everyone. "Sleeveless tees and white suits. They're just not suitable for every weight and age group — you have to be young or in good shape to pull them off," says stylist Andrew Davis.

And he's not the biggest fan of mandals.

"They only look good on certain people. I mean, who wants to see your toes poking out? They look especially dreadful on pale skin," he adds.

So what should you wear? Here are four tips:

## 1

### Punch up your outfit with a pop of colour

This season marks a move away from muted tones toward bold colour. It's an easy way to add an edge to your workwear without looking like a full-on fashion victim. "Wear a beautiful bright Yves Klein blue or pillar box red T-shirt under a navy suit or with chinos or just colour-block half the body," Davis says.

## 2

### Master the art of summer suiting

Ditch the wool tailoring for something lightweight. "Try a linen suit in soft blue or gray and wear it with a white shirt and a club or check tie. It can look really cool and classic," Davis says. And if you're feeling adventurous, skip the tie and rock a — wait for it — neckerchief. "It's a bit Hannibal Lector-esque."

## 3

### Nail down the perfect casual style

Every man should have a few nautical items in his closet because they look polished, can be easily mixed and matched, and are just hard to screw up. A few things to buy now: "A boxy, double-breasted jacket, chambray shirt, chinos, moccasins, breton top and a toggle coat," he says.

## 4

### Get your short lengths right

"Shorts are a bit shorter this season; they're cut above the knee," Davis explains. For lounging on the weekend, Andrew suggests a jogger short, which has a relaxed fit (Important: When you're wearing shorts, they should hit higher up on the leg).

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# Twists on trenches

► This season, trenches are a bona fide fashion trend, with a few twists

It's time to dig out the trenches again.

The reliable outerwear piece long linked to strong soldiers and sexy spies is one of those classics that so many of us already own, and it's pretty safe to say that whatever coat you have, it has never fully gone out of style.

This season, though, trenches are a bona fide fashion trend, with runways and retailers offering a few twists to keep this century-old style feeling fresh.

When designer Rachel Roy previewed her spring collection for buyers, editors and stylists, there were models showing off a dozen different interpretations of trench coats. From a but-

tery leather version to a fancy metallic one, she offered a variation for various occasions and lifestyles.

"The great thing about a trench is that it is equal parts smart, easy and pulled-together chic," Roy says.

There is some flexibility in the description of what makes a trench a trench: Roy says its defining characteristic is the shape of the shoulder; Lisa Axelson, vice-president of design at Ann Taylor, isn't sure if it's the shape of the pockets, the

storm flap or a nipped waist.

Regardless, Axelson says, you know when you see one — even if it's a dress in washed silk with a draw-



► Thread Social cotton canvas tie waist trench



► Vera Wang Lavender Label belted trench

cord waist like the one she included in her spring line-up.

That's right, fashion insiders don't say a trench has to be a coat. There are capes, vests, dresses and even trenchlike trousers.

"People have taken a lot

of creative freedom with the trench coat, adding newness," says Amanda Brooks, fashion director at Barneys New York. "There are endless ways to reinterpret it."

THE ASSOCIATED PRESS



► GAP's soft trench

► Ann Taylor's silk trench

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- Cat's Pajamas



# Bringing the outside in

► If you look outside, it likely doesn't look like spring ► But you can at least make your home ready for the season

## DESIGN CENTRE



KARL LOHNES  
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While it may technically be spring, getting out to enjoy the weather may still be a few weeks away.

And this spring is supposed to be a cold and damp one. Luckily, there's a huge trend in bringing outdoor decor inside, and now more than ever is the perfect time to inject some springtime inside our homes.

From bright garden colours and the smell of flowers to rustic natural elements, let's get a head start on spring by decorating with an outdoor theme with these easy ideas.

If we can't enjoy the outdoors, let's bring it inside!



ALL PHOTOS ARE HANDOUTS

### Add a wall of springtime colour

As I've been reporting since last fall, adding a focal wall of colour in a room is no longer an old-fashioned thing to do.

Choose a wall that is the focal point to the room. For instance, the headboard wall in the bedroom, the TV wall in the family room or the fireplace wall in the living room are all good candidates.

If using paint, then add a darker or dramatic colour to help add drama to a room. Dark green, mustard or orange are all colours from outside and will bring a strong sense of nature inside.

If using wallpaper, choose a large-patterned floral motif for an eye-popping surprise. Wallpapers are now much easier to remove than they used to be, so don't be afraid to get daring with pattern. When you tire of it just simply peel off and repaint the wall.



### Incorporate worn-looking furnishings into the home

Bleached, limed and driftwood tones are all the rage. They can help lighten the dark brown tones that we've been decorating with over the past years.

A statement piece, such as a single dresser, a hallway bench or an end table, will work best in this finish. Choosing it for an entire dining set or living room case would be overkill for a trend that is only expected to hang around for three to four years.

Got an old, cheap mahogany antique that you're tired of?

Sand it then rub some grey latex paint into the exposed wood grains. Buff it with wax and you'll have the trendiest look of the season for furniture.



### Create the smell of the garden

There's nothing more refreshing than opening the windows and getting a floral-filled breeze. But it doesn't look like that will be happening around the country anytime soon.

Create a garden of scent around your space with the new Crabtree & Evelyn Floral Fragrance Collection — an iris candle in the hallway, lavender candle in the bedroom, rose candle in the bath and a lily candle in the living room, and you'll experience a variety of garden floral scents that change from room to room.



### Shine some light with rustic flair

Most people overlook outdoor pendant and wall lights as options for inside the home.

An exterior light can often add a more rustic or masculine option when decorating. And outdoor lighting is quite often priced less than indoor lighting.

Look for copper, zinc and natural metal finishes to help bring the outside in for spring. You can often find old outdoor lighting for sale at spring yard sales and flea markets.

Keep in mind most of it will need to be re-wired for safety and sometimes re-plated depending on the finish.



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# Simple bathroom makeovers

▶ Giving your bathroom a fresh new look is not as hard as you may think ▶ And it doesn't have to cost much

## DIY IDEAS

Believe it or not, home makeovers don't always have to require many tools and lots of man power.

In fact, to give your bathroom a fresh new look, you don't even need a big budget, just some inspiration and creativity.

DIY Network Canada's Bath Crashers (airing Tuesdays at 10 p.m. ET/PT) offers tips on simple bathroom makeovers.

### Clean and Purge

The first step in giving your bathroom a fresh look is to take inventory of all your belongings and eliminate the excess. Removing clutter creates more space for reorganizing and decorating.

### Make Room

If the sink is freestanding, create additional storage by fashioning a sink skirt.

Measure the dimensions along the three sides of the sink that face outwards and the distance between the bottom of the sink and the floor.

Cut the measured dimensions out of a washable fabric.

Attach an adhesive Velcro to the inside of the sink and the top of the fabric.

Attach the fabric's Velcro to the sink's Velcro. The fabric adds to the decor of the room and creates a space to keep items tucked away and out of sight.

### Personalized Shower Curtain

For many bathrooms, the shower curtain is the focal point of the room and replacing the shower curtain can immediately change the entire design.

Consider making one yourself to suit your personal style.

Measure the length and width of the current shower curtain and cut the di-

mensions out of the desired fabric.

Hold the fabric up to the current shower liner and use a fabric pen to mark where the shower ring holes are located.

Using fabric scissors, cut a slit in the fabric about an inch long.

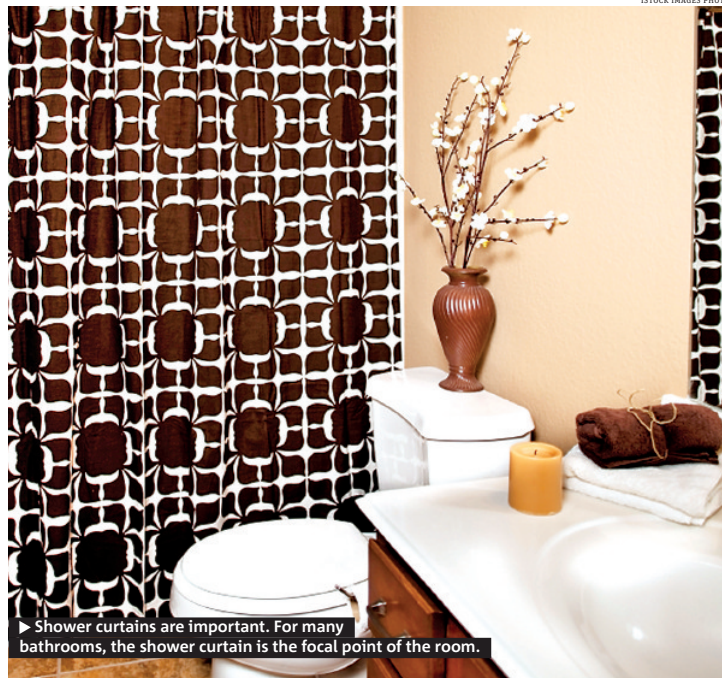
Attach the new shower curtain and shower liner to the shower rings and enjoy the new, customized decor.

### The Little Things

For a quick bathroom spruce up, consider small projects like removing outdated cabinet knobs and replacing them with new ones.

Also consider storing toiletries in colourful, plastic bins to give your space a splash of colour and replacing worn-out towels and bathmats to give the room a crisp, refreshed look.

COURTESY OF DIY NETWORK CANADA'S BATH CRASHERS, WHICH AIRS TUESDAYS AT 10 P.M. ET/PT



▶ Shower curtains are important. For many bathrooms, the shower curtain is the focal point of the room.

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## Bacon, Chard &amp; Fontina Quiche



## Ingredients:

- 1 refrigerated pie crust
- 4 slices bacon, chopped
- 1 bunch Swiss chard, tough stems removed, chopped
- 6 eggs
- 1 1/2 cups (375 mL) 10% half and half cream
- 1 tbsp (15 mL) thyme
- 1/2 tsp (2 mL) freshly ground black pepper
- 1/4 tsp (1 mL) salt
- 1 1/2 cups (375 mL) shredded fontina cheese

## Preparation:

- 1 Line deep-dish pie plate with pie crust, crimping or trimming the edge. Place pan on baking sheet; set aside.
- 2 In skillet over medium-high heat, cook bacon

until crispy. Add Swiss chard and cook until the chard is tender. Let cool for 10 minutes. Drain well pushing excess liquid from chard; place in bowl. Stir in cheese and place in pie crust.

- 3 In bowl, whisk eggs, cream, thyme, pepper and salt. Slowly pour into crust and gently stir to eliminate large clumps or air bubbles. Bake in 400 F (200 C) oven for 20 minutes.

- 4 Reduce heat to 325 F (160 C) and bake for 40 minutes or until centre is set and knife inserted comes out clean. Let cool before slicing.

THE ASSOCIATED PRESS  
EMILY RICHARDS

## A taste of the tropics

► This chicken curry uses fruit to reduce heat & add a hint of sweetness

## DINNER EXPRESS

EMILY RICHARDS  
FOOD@METRONEWS.CA



Fruit is frequently used to help reduce heat in many curries. Serve this Tropical Chicken Curry over basmati rice.

## Preparation:

- 1 In skillet heat oil over medium high heat. Add chicken and sprinkle with salt and pepper; cook, stirring for 5 minutes. Remove to plate. Add onion, red pepper and garlic to skillet and cook, stirring for 3 minutes or until softened. Add curry paste and cook, stirring for 1 minute. Add stock and bay leaf and bring to boil.

- 2 Meanwhile, peel and chop bananas into 1 inch (2.5 cm) chunks and add to skillet with chicken and simmer for about 5 minutes or until chicken is no longer pink inside. Add pineapple and stir to combine.

- 3 In small bowl, whisk together cornstarch and 1 tbsp (15 mL) of water. Add to skillet and stir to combine. Simmer 1 minute or until slightly thickened.

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE ON EMILY, VISIT [EMILYRICHARDSCOOK.CA](http://EMILYRICHARDSCOOK.CA)

## Ingredients:

- 1 tbsp (15 mL) vegetable oil
- 12 oz (375 g) boneless skinless chicken breasts, chopped



► This Tropical Chicken Curry recipe makes four servings.

- 1/2 tsp (2 mL) pepper
- 1/4 tsp (1 mL) salt
- 1 onion, chopped
- 1 red pepper, chopped
- 2 cloves garlic, minced
- 1 tbsp (15 mL) mild curry paste or powder
- 1 1/2 cups (375 mL) chicken stock
- 1 bay leaf
- 3 firm ripe mini bananas
- 1 cup (250 mL) chopped fresh or canned pineapple
- 1 tbsp (15 mL) cornstarch

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# How to pick a summer camp

► Picking the right place for your kids to spend their summer takes finesse ► Try our quick quiz to help

Is your kid a computer geek, a prima ballerina or a lean, mean martial artist fiend?

How you answer the following questions in this fun and hopefully helpful quiz will determine the type of camp your child should attend this summer. Though summer camps are generally categorized as traditional and specialty, we've taken a few liberties and broken it down a little further to help you decide the best type for your little camper.

So for each of the following questions, pick the answer that best suits your child. Consider doing the quiz together. See the end for your answers. Here goes:

## 1. When bedtime is

**announced, your child usually**

- A. Offers a vaguely mournful look but heads to bed in a fairly timely fashion
- B. Does the same while stopping first to hang precariously from the second-floor stair banister
- C. Reads several chapters before bed always
- D. Can't sleep without listening to music
- E. Must check the computer before nodding off

## 2. At the dinner table, your child customarily

- A. Eats most of what's on the plate, leaving the odd veggie
- B. Shovels in the yummy proteins and carbs. You later find veggies in the cat dish
- C. Eats everything methodically in the cold, hard knowledge that it's good for you
- D. Often plays with food, builds forests out of broccoli and spells their name



► There's a summer camp to suit every taste. Take the quiz to see which one suits your camper.

with peas

- E. Questions what cooking temperature you used for the meat loaf

## 3. Your kid idolizes

- A. Black Eyed Peas, skinny jeans and Glee
- B. Wii's NBA Jam, camping and Wipeout
- C. Plaid, anything sci-fi and books without pictures
- D. Eminem, Facebook games and live theatre
- E. Discovery Channel, fresh air and astronomy

## 4. Your child's play style is best defined as

- A. Interactive
- B. Dynamic
- C. Cerebral

D. Inspired

- E. Experimental

## 5. What is your child's approach to homework?

- A. Gets it done most nights
- B. Rushes through it when reminded to do it
- C. Relishes it
- D. Doodles on it
- E. Questions the need for homework

## 6. If your child could have any celebrity at his or her birthday party, who would it be?

- A. Taylor Swift
- B. Sidney Crosby
- C. Barack Obama
- D. Katy Perry
- E. Mark Zuckerberg

## Score your camp quiz: Where to send your little ones

### If you answered mostly A's:

Your child belongs at a traditional camp, the kind that incorporates canoeing and campfires with archery and arts and crafts. It will be the perfect place for them to enjoy the total camp experience.

**If you answered mostly B's:** Your kid gets his or her thrills in sports or adventure camp.

Let them learn all about lacrosse, sailing or paintball. Or consider the adrenaline rush of a rock climbing or wilderness survival camp.

**If you answered mostly C's:** You should enroll your kid in academic or vocational camp.

Knowledge-starved children can hit the books this summer polishing up on their math proficiency or boning up on their debating skills.

**If you answered mostly D's:**

your kid belongs in an arts camp. Let your child develop a deeper appreciation of drama, dance and music as they soak up the visual and performing arts this summer.

**If you answered mostly E's:** You've got a kid who's into science or computer camp.

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# Camp builds character

- Camp gives more than memories and mosquito bites
- It also creates skills and talents that last a lifetime



**ALLISON  
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It's hard to keep kids indoors and sitting for long at overnight summer camp. Away from the comforts of home and the distractions of computers, iPods and television, camp is the perfect place for kids not only to get fit and have fun, but learn new skills, build self confidence and make lasting friendships, experts agree.

"Camp combines laughter and learning," says Michael LeDuc, director of Nova Scotia's Big Cove YMCA Camp. "It's a place where kids can accept new challenges and have fun while doing it."

## The world outside

Whether it's canoeing for

the first time, learning wilderness survival skills or mastering a zip-line, summer camp allows kids to step out of their comfort zones to take healthy risks in a safe, nurturing environment. Unlike theme parks or video games, kids can have real-life adventures in nature.

"Showing children their connection to nature is a very important part of their growth," says LeDuc.

Research shows that being in natural settings helps kids focus and alleviate the stress of busy city life.

Not only does camp allow them to slow down, but it fosters a respect for the environment. Campers are taught to tread lightly on the earth, by reducing and recycling and learning that peeling bark off trees



► Building memories around a camp fire.

or breaking branches is not respectful.

## Team work is key

Kids also learn valuable lessons on how to get along with others and work as a team. Whether

**"My camp experience contributed to making me the person I am today: Confident, passionate, a strong leader and public speaker, a creative thinker, and most of all, someone who appreciates fun."**

LISA STIVER, GENERAL MANAGER, YMCA CAMPS, VANCOUVER, B.C.

it's sharing cabin clean-up, setting the table at mealtime or supporting one another on a high-ropes course, overnight camp is a place where you have to work together. "They learn how to live with different personalities and children from different backgrounds," says LeDuc.

## Life-long friendships

By branching out from their regular circle of friends, children also interact and build friendships with people of all ages. Camp counsellors are young adults who are different from the other adult figures in their lives. "It's all about kids teach-

ing kids. It runs on youthful energy," says LeDuc.

## Building leadership

Given responsibilities they may not have at home, kids become more self-reliant and learn valuable leadership skills. "It's not a resort.

They don't get to do whatever they want when they want. They have responsibilities," says LeDuc. They also discover they can exist away from home and mom and dad taking care of their every need.

"Summer camp is a place where magic happens," says LeDuc. "Children come home stronger in mind, body and spirit."

## BEST SUMMER CAMP MOVIES



## THE PARENT TRAP

► In this remake, campers discover they are twins and plan to get their parents back together.



## THE BABY SITTERS CLUB

► A sweet story about teens who start a day-camp. Bonus: shot in Guelph, Ont.



## HAPPY CAMPERS

► When a camp director gets injured, the counsellors take charge, spicing up camp routine.

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# Hello mother, hello father ...

► Encourage first-time campers ► Nerves are normal for kids and parents ► After the first night, it gets easier



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Every summer parents eagerly send their kids off to experience the great outdoors. Sleeping in a tent or cabin, roasting marshmallows, and swimming and canoeing are all part of the adventure of overnight camp.

But even when a child is ready to pack up and experience this almost sacred Canadian rite of passage, living away from mom and

dad for the first time can still seem frightening. The best way parents can help their child get the most out of camp, is to be positive, says Michael LeDuc, director of Nova Scotia's Big Cove YMCA Camp. "One of the biggest hurdles is often the parents. They are hesitant to let go of their children."

It's normal to be anxious, but conveying these worries only makes a child reluctant. Instead, parents should be cheerleaders and point out the posi-

tives. "If your child loves swimming, remind them that at camp you get to go swimming every day," says LeDuc.

Never promise a child they can come home if homesick, says Duncan Robertson, director of Ontario's Onondaga Camp. "You're planting the seed of doubt in their mind." At most camps, staff check in with parents of new campers within the first 48 hours. Camps don't encourage phone calls between campers and parents, but they do old-fashioned letter writing.

Having the first-time camper talk to an older kid or a family member who has been to overnight camp can reassure them that camp is fun, with hardly a moment to miss home. Parents can also take their child to an information night or open house. At Big Cove, new campers can visit in the



► Once kids make friends, camping becomes something they look forward to every year.

spring or early summer to participate in activities. Looking at pictures on the camp's website and going through a typical day can help a child mentally prepare, says LeDuc.

If a child has never slept away from home, Robert-

son suggests arranging a weekend sleepover at grandma's house. "They know they can do it then. It builds self-confidence."

Helping to shop and pack for camp is another good idea. When kids participate in all aspects of

preparation, it encourages self-reliance and builds anticipation. Parents can be reassured that after the first night, most first-time campers are happy. "It just takes meeting people and connecting with a friend," says Robertson.

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## Summer Band Workshop August 22 - 26, 2011

- Calgary Regional Summer Band Workshop
- 2011 Sounds of Summer Percussion Workshop

4  
sports

## Quoted



**"I think we all know math a little. It's going to be tough for the other teams to catch up."**

CANUCKS STAR HENRIK SEDIN AFTER VANCOUVER BEAT DETROIT, THE SECOND-PLACE TEAM IN THE WESTERN CONFERENCE, 3-2 LAST NIGHT TO BUILD A 10-POINT LEAD FOR FIRST IN THE WEST.



► Montreal's Max Pacioretty is shown being wheeled away on a stretcher after taking a hit by Boston's Zdeno Chara.

# Crafting a crackdown

► Next test for NHL on discipline comes in the off-season during board meeting ► Organizations could face escalating fines for player misdeeds

As the NHL looks to get tough on discipline, the next true test won't come when a player throws another wayward elbow or injures an opponent with a hit from behind.

It will happen far away from the ice, in a boardroom at a posh hotel, when the board of governors gather again in June.

That's when commissioner Gary Bettman plans to hold a discussion with league owners about fining organizations that consistently have players running afoul of the law. He first raised the idea during last

week's GM meetings but it barely registered among other initiatives aimed at concussions.

In light of the stiff suspension given to Penguins agitator Matt Cooke this week — and questions about whether the league will continue to crack down — it's worth revisiting.

Bettman didn't outline his exact plans, but he is believed to be in favour of a tiered system with increasing fines. For example, an organization might be docked \$250,000 US once its players have totalled 10 games in suspensions over

**"The current system punishes the offending player but does very little to deter such actions in the future."**

MARIO LEMIEUX, IN A LETTER TO GARY BETTMAN DATED MARCH 7

a season and then face a stiffer financial penalty at 15 games, 20 games and so on.

The commissioner is also interested in looking at penalizing other members of an offending organization.

"If a player or players are subject to repeat disciplinary procedures that result in supplemental discipline, it will be the club, and perhaps the coach, that will be held responsible," Bettman said in Florida.

The reaction of owners to the idea will be telling. As much as league disciplinarian Colin Campbell has been criticized for being too lenient with suspensions, an often overlooked part of the process is the fact many owners haven't been keen on seeing their players forced to sit out long bans. **THE CANADIAN PRESS**

## Trouble brewin' in Boston as Habs hit town?

Zdeno Chara sat calmly at his locker, concerned more about beating the Montreal Canadiens in the tight division race than getting beat up by them.

Tonight's rematch comes 16 days after Max Pacioretty suffered a severe concussion and a fractured vertebra after a hard check by the Boston Bruins captain knocked him into a padded stanchion supporting a glass partition between the teams' benches.

Might the Canadiens seek retribution on the ice?

"I don't know," Chara said after practice yesterday. "We'll see."

Montreal's Ryan White thinks his team has more important business to handle. Boston leads the Northeast Division with 90 points with 10 games left. Montreal is second with 87 and eight games remaining. There's a decent chance they'll meet in the first round of the playoffs.

"We need two points," White said. "We're not going to go in there and try and do anything stupid and get him back or anything like that. If you ask (Pacioretty), I think the biggest thing right now is for us to win. We've given ourselves an opportunity to catch these guys."

Chara is focusing on stopping a team that is 4-1 against Boston this season.

"We all know it's a big game for both teams," he said.

The game in which Pacioretty was hurt, won by Montreal 4-1, cranked up the historic rivalry between the teams.

Montreal police began an investigation of the hit. Canadiens owner Geoff Molson said his club didn't agree with the NHL's decision not to suspend Chara. Two days after the check, Pacioretty was released from a hospital, his agent said.

He'll be able to resume training with contact by early or mid-April, according to coach Jacques Martin. And there's a chance he'll be back during the playoffs after early fears that the injury might be more serious.

"I'm glad that he's doing much better," Chara said. "It's kind of surprising good news."

He said he made "a few attempts" to reach out to Pacioretty but hasn't received a response.

**THE ASSOCIATED PRESS**

## Jays pitcher likely to miss start

# 5

**The move firms up the Blue Jays starting five for at least the first time through the rotation: Ricky Romero, then Kyle Drabek, Brett Cecil, Jo-Jo Reyes and Jesse Litsch.**

The Toronto Blue Jays expect Brandon Morrow to miss only one start of the regular season because of right forearm inflammation.

The right-hander felt that he could make his scheduled first start of the season April 2 against the Minnesota Twins at Rogers Centre, but the club decided to be cautious since

Morrow is considered a potential ace.

He has had an excellent spring training with a 2-0 record and a 0.75 earned-run average in three starts.

"We're being extra cautious, especially with the ability to backdate the (15-day) disabled list," general manager Alex Anthopoulos said before yesterday night's game against the

New York Yankees. "We're talking about him missing a start. He is adamant that he can go, but we just want to let everything calm down for four or five days."

"Why try to rush when it's only one start?"

The move to the disabled list is retroactive to March 22.

**THE ASSOCIATED PRESS**

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## NATIONAL HOCKEY LEAGUE

### EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
dx-Washington	72	44	19	4	5	232	195	97	21-10-2-3	23-9-2-2	4-3-1-2	L1
dx-Philadelphia	74	43	21	5	5	203	180	96	22-8-2-5	21-13-3-0	9-1-0-0	W2
d-Boston	72	40	22	5	5	217	176	90	17-12-3-2	23-10-2-3	4-3-3-0	W1
Pittsburgh	73	42	23	5	3	213	181	92	22-13-2-0	20-10-3-3	6-2-2-0	W1
Tampa Bay	73	39	23	5	6	216	222	89	22-10-1-4	17-13-4-2	2-4-2-2	L3
Montreal	74	40	27	4	3	200	187	87	22-10-3-3	18-17-1-0	6-4-0-0	L1
NY Rangers	74	40	27	4	3	200	187	84	18-16-1-2	22-14-1-0	7-3-0-0	W5
Buffalo	73	36	28	8	1	216	208	81	16-16-3-1	22-10-5-0	6-3-1-0	W1
Carolina	73	34	29	5	5	205	217	78	20-12-2-2	14-17-3-3	5-4-1-0	W2
Toronto	74	33	31	5	5	195	225	76	17-14-3-4	16-17-2-1	5-4-1-0	W2
Atlanta	73	30	30	5	7	202	236	72	16-14-2-5	18-16-3-2	5-4-1-0	L1
New Jersey	74	34	35	3	1	155	186	72	18-15-2-1	16-20-0-1	6-4-0-0	L1
NY Islanders	74	29	33	7	5	208	235	70	16-15-1-4	13-18-6-1	6-1-2-1	W2
Florida	74	29	35	5	5	182	203	68	15-15-4-4	14-20-1-1	3-4-2-1	L3
Ottawa	73	27	37	5	4	167	227	63	13-19-2-3	14-18-3-1	6-4-0-0	L1

### WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
y-Vancouver	74	48	17	4	5	240	173	105	25-8-1-4	23-9-3-1	8-2-0-0	W1
d-Detroit	74	43	22	4	4	238	211	95	19-12-3-2	24-10-2-2	4-4-1-1	L3
d-San Jose	73	42	23	5	4	211	191	92	20-11-2-3	22-12-1-1	6-2-0-2	W3
Phoenix	75	40	24	7	4	215	208	91	18-12-4-2	22-12-3-2	7-2-1-0	W1
Los Angeles	73	41	26	4	2	199	177	88	22-14-3-0	20-14-1-2	6-2-2-0	W1
Chicago	73	40	25	3	5	238	202	88	22-14-0-0	17-11-4-4	6-2-1-1	W2
Nashville	74	39	25	6	4	193	173	88	20-8-4-3	19-17-2-1	7-2-1-0	W4
Anaheim	73	41	27	3	2	208	211	87	23-12-1-1	18-15-2-1	8-2-0-0	W4
Dallas	73	38	25	4	6	206	206	86	20-11-3-5	18-14-1-1	4-2-3-1	L2
Calgary	75	37	27	4	7	227	216	85	22-12-1-3	15-15-3-4	4-4-1-1	L2
Minnesota	74	35	31	3	5	185	207	77	17-15-2-3	18-16-1-2	2-6-2-0	L7
Columbus	73	33	29	4	7	199	223	77	16-16-1-3	17-13-3-4	2-4-1-3	L2
St. Louis	73	32	32	4	5	202	216	73	20-12-1-3	12-20-3-2	4-4-0-0	L3
Colorado	72	28	36	7	1	203	254	64	15-17-4-0	13-19-3-1	2-7-0-1	W2
Edmonton	73	23	40	2	8	176	240	56	12-20-1-4	11-20-2-3	3-5-1-1	L7

x — clinched playoff berth; y — clinched division title; d — division leaders; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL or SOL columns.

#### Last night's results

Vancouver 2 Detroit 1  
Anaheim 4 Dallas 3 (OT)  
Chicago 4 Florida 0  
Calgary at San Jose  
Tuesday's results  
Toronto 3 Minnesota 0  
Nashville 3 Edmonton 1  
Carolina 4 Ottawa 3  
Buffalo 2 Montreal 0  
Colorado 5 Columbus 4 (SO)  
N.Y. Rangers 1 Florida 0  
Boston 4 New Jersey 1  
Washington 5 Philadelphia 4 (SO)  
N.Y. Islanders 5 Tampa Bay 2  
Phoenix 2 St. Louis 1

### CANUCKS 2, RED WINGS 1

First Period — No Scoring.

Penalties — Eaves Det (interference) 12:45, D.Sedin Vcr (hooking) 14:28.

#### Second Period

1. Vancouver, D.Sedin 39 (H.Sedin, Hamhuis) 6:31  
Penalties — Kesler Vcr (tripping) 19:05, Hamhuis Vcr (roughing), Holmstrom Det (holding) 19:23.

#### Third Period

2. Vancouver, D.Sedin 40 (H.Sedin, Kesler) 9:29 (pp)  
3. Detroit, Hudler 9 (Lidstrom, Cleary) 11:38 (pp)  
Penalties — Eaves Det (high-sticking) 8:47, Raymond Vcr (hooking) 10:56, Holmstrom Det (interference) 19:59.

#### Shots

Vancouver 5 20 8 —33  
Detroit 11 12 17 —40

Goal — Vancouver: Luongo (W34-14-7); Detroit: Howard (L34-15-5). Power plays (goals-chances) — Vancouver: 1-3; Detroit: 1-3.

Referees — Eric Furlatt, Don Van Massen-hoven. Linesmen — Vaughan Rody, Anthony Serico.

Att. — 20,066 (20,066) at Detroit.

### TUESDAY

#### MAPLE LEAFS 3, WILD 0

#### First Period

1. Toronto, Lupul 10 (Bozak, Kessel) 1:39  
Penalties — Nystrom Min (goaltender interference) 4:01, Cullen Min (boarding) 12:21, Brent Tor (interference) 13:06, Bouchard Min (tripping) 18:20.

#### Tonight's games

Montreal at Boston, 7 p.m.  
Atlanta at N.Y. Islanders, 7 p.m.  
Ottawa at N.Y. Rangers, 7 p.m.  
Pittsburgh at Philadelphia, 7 p.m.  
Edmonton at St. Louis, 8 p.m.  
Anaheim at Nashville, 8 p.m.  
Toronto at Colorado, 9 p.m.  
Columbus at Phoenix, 10 p.m.  
San Jose at Los Angeles, 10:30 p.m.  
Tomorrow's games  
All times Eastern  
New Jersey at Pittsburgh, 7 p.m.  
Florida at Buffalo, 7:30 p.m.  
Washington at Ottawa, 7:30 p.m.  
Vancouver at Atlanta, 7:30 p.m.  
Carolina at Tampa Bay, 7:30 p.m.

#### Second Period

2. Toronto, Grabovski 28 (MacArthur, Kulemin) 11:20  
Penalties — Gunnarsson Tor (tripping) 1:12, Brunette Min (hooking) 2:07, Stoner Min (cross-checking) 4:04, Schen Tor (hooking) 7:04, Kadri Tor (tripping) 13:18.

#### Third Period

3. Toronto, Gunnarsson 4 (Grabovski, Kulemin) 2:13 (pp)

Penalties — Koivu Min (high-sticking) 1:35, Aulie Tor (interference) 7:06, Grabovski Tor (slashing), Zanon Min (roughing) 15:39, Aulie Tor (high-sticking) 17:14, Lashoff Tor (cross-checking) 19:21.

#### Shots

Toronto 8 3 6 —17  
Minnesota 7 11 11 —29

Goal — Toronto: Reimer (W16-7-4); Minnesota: Backstrom (L21-20-5). Power plays (goals-chances) — Toronto: 1-6; Minnesota: 0-7.  
Referees — Brad Meier, Dean Morton. Linesmen — Brian Mac, Darren Gibbs.

Att. — 18,761 (18,064) at St. Paul, Minn.

### PREDATORS 3, OILERS 1

#### First Period

1. Nashville, Erat 15 (Ward, Legwand) 4:08

2. Nashville, Hornqvist 19 (Kostitsyn, Suter) 7:40 (pp)

Penalty — Foster Edm (tripping) 7:06.

#### Second Period

3. Nashville, Legwand 14 (Suter, Weber) 7:00  
4. Edmonton, Eberle 17 (Cogliano, Vandermeer) 9:38 (pp)

Penalties — Kostitsyn Nash (tripping) 8:45, Franson Nash (interference) 11:49.

### Third Period — No Scoring.

Penalties — Peckham Edm (tripping) 4:39, O'Marra Edm (hooking) 10:53, Fisher Nash (tripping) 15:15.

#### Shots

Edmonton 5 7 8 —20  
Nashville 15 5 10 —30

Goal — Edmonton: Dubnyk (L10-12-7); Nashville: Rinne (W28-20-8). Power plays (goals-chances) — Edmonton: 1-3; Nashville: 1-3.

#### Referees — Stephane Auger, Eric Furlatt.

Linesmen — Mark Wheeler, Brad Kovachik.

Att. — 15,745 (17,113) at Nashville.

### HURRICANES 4, SENATORS 3

#### First Period

1. Ottawa, Greening 3 (Spezza, Butler) 7:56

2. Ottawa, Svatos 2 (Condra, Hale) 13:40

3. Carolina, Ruutu 18 (Jokinen, Skinner) 14:07

4. Carolina, LaRose 14 (Pitkanen) 14:32

Penalties — Karlsson Ott (interference) 3:02, Stillman Car (goaltender interference) 3:58, Corvo Car (hooking) 18:32, Ku-ba Ott (interference) 18:51, Pitkanen Car (roughing) 19:54.

#### Second Period

5. Carolina, LaRose 15 (Bra.Sutter, Gleason) 18:17

Penalties — Z.Mitch Ott (tripping) 5:33, Neil Ott (roughing) 8:33, Allen Car (tripping) 13:36.

#### Third Period

6. Carolina, Stillman 10 (E.Staal, Cole) 6:04

7. Ottawa, Karlsson 13 (Spezza, Foligno) 14:16

#### Penalties — None.

Shots  
Ottawa 11 18 10 —39  
Carolina 7 11 6 —24

Goal — Ottawa: McElhinney (L9-11-1); Carolina: Ward (W31-24-9). Power plays (goals-chances) — Ottawa: 4-4; Carolina: 0-3.

Referees — Ghislain Hebert, Kelly Sutherland. Linesmen — Andy McElman, Scott Cherrey.

Att. — 16,189 (18,680) at Raleigh, N.C.

## CRICKET

### WORLD CUP

#### QUARTER-FINALS

##### Yesterday's result

At Dhaka, Bangladesh  
Pakistan (113, without loss) def. West Indies (112, all out) by 10 wickets.

##### Today's match

At Ahmadabad, India  
India vs. Australia  
Tomorrow's match  
At Dhaka, Bangladesh  
South Africa vs. New Zealand  
Saturday's match  
At Colombo, Sri Lanka  
Sri Lanka vs. England

## BASKETBALL

### NCAA TOURNAMENT

#### All times Eastern

#### Regional Semifinals

##### EAST REGION

Tomorrow's games  
North Carolina (28-7) vs. Marquette (22-14), 7 p.m.  
Ohio State (34-2) vs. Kentucky (27-8), 9:30 p.m.

##### SOUTHEAST REGION

Tonight's games  
Florida (28-7) vs. BYU (32-4), 7:15 pm  
Butler (25-9) vs. Wisconsin (25-8), 9:55 pm

##### WEST REGION

Tomorrow's games  
Kansas (34-2) vs. Richmond (29-7), 7:15 pm  
Florida State (23-10) vs. Virginia Commonwealth (26-11), 9:55 p.m.

##### WEST REGION

Tonight's games  
San Diego State (34-2) vs. Connecticut (28-7), 7 p.m.  
Duke (32-4) vs. Arizona (29-7), 9:30 pm

## MLB

### SPRING TRAINING

#### Yesterday's results

N.Y. Yankees 5 Toronto 3  
Minnesota 5 Baltimore 2  
Houston 10, Pittsburgh 6  
St. Louis 5, N.Y. Mets 3  
Tampa Bay 4, Philadelphia 1  
San Diego 10 Cincinnati 7  
Atlanta 4, Florida 4, tie, 11 innings  
Chicago Cubs 3, Oakland 1  
Arizona 9 Texas 8  
Cleveland 8 Kansas City 7  
L.A. Dodgers 6 CWS 2  
L.A. Angels 8 San Francisco 0  
Seattle vs. Colorado

#### Today's games

##### All times Eastern

Athl. v Phil. at Dunedin, Fla., 1:05 pm  
Min. v Tor. at Clearwater, Fla., 1:05 pm  
Bos. v Fla. at Jupiter, Fla., 1:05 pm  
TB v Hou. at Kissimmee, Fla., 1:05 pm  
SL v NYM at Port St. Lucie, Fla., 1:10 pm  
Tex. (ss) v Cin. at Goodyear, Ariz., 4:05 pm  
Mil. v LAD at Glendale, Ariz., 4:05 pm  
Col. v LAA at Tempe, Ariz., 4:05 pm  
KC v Sea. at Peoria, Ariz., 4:05 pm  
Oak. v Arz. at Scottsdale, Ariz., 4:10 pm  
CWS v CC at Mesa, Ariz., 5:05 p.m.  
Wash. v Det. at Lakeland, Fla., 6:05 pm  
Pitt. v Balt. at Sarasota, Fla., 7:05 pm  
SD v Tex. (ss) at Surprise, Ariz., 9:05 pm  
Cle. v SF at Scottsdale, Ariz., 10:05 pm

## CURLING

### WOMEN'S WORLD CHAMPIONSHIP

#### At Esbjerg, Denmark

##### Country (skip)

	W	L
Sweden (Norberg)	8	1
China (B.Wang)	6	3
Denmark (Nielsen)	6	3
Russia (Privivkova)	6	3
Canada (Holland)	5	4
Switzerland (Ott)	5	4
Germany (A.Schoop)	4	5
U.S. (Lank)	4	5
Norway (Githmark)	3	6
Scotland (Sloan)	3	6
Czech Rep. (Kubekova)	2	7
South Korea (Kim)	2	7

#### Yesterday's results

Draw 12  
Russia 5 Germany 3  
Denmark 7 South Korea 4  
Sweden 9 Switzerland 8  
U.S. 6 Norway 5  
Draw 13  
Canada 7 Switzerland 4  
China 14 U.S. 3  
Russia 12 Czech Republic 3  
South Korea 9 Scotland 3  
Draw 14  
Sweden 5 Canada 4  
China 6 Norway 4  
Denmark 12 Scotland 5  
Germany 7 Czech Republic 3  
Today's games  
Draw 15  
Czech Republic vs. U.S.; South Korea vs. Canada; Switzerland vs. Scotland; China vs. Russia.

#### Draw 16

Denmark vs. China; Scotland vs. Norway;  
Canada vs. Germany; Czech Rep. vs. Sweden.  
Draw 17  
Switzerland vs. Norway; Russia vs. Denmark;  
Sweden vs. U.S.; Germany vs. South Korea.  
x — clinched playoff berth.

## CYCLING

### VOLTA OF CATALUNYA

#### At Vallmored, Andorra

##### Third stage

1. Alberto Contador, Spn., Saxo Bank-Sun-Gard, 4 hr 45 min 31 sec; 2. Michele Scarponi, Ita., Lampre, 23 sec beh; 3. Levi Leipheimer, U.S., RadioShack, same time

## TENNIS

### ATP-WTA SONY ERICSSON OPEN

#### At Key Biscayne, Fla.

##### Men Singles — First Round

Ivan Dodig, Croatia, def. Andrey Golubev, Kazakhstan, 6-7 (7), 6-4, 6-0.  
Mikhail Kukushkin, Kazakhstan, def. Jarkko Nieminen, Finland, 3-6, 6-3, 6-2.  
Pablo Andujar, Spain, def. Bernard Tomic, Australia, 6-4, 3-6, 7-5.  
Kevin Anderson, South Africa, def. Nikolay Davydenko, Russia, 6-4, 6-3.  
Julien Benneteau, France, def. Daniel Gimeno-Traver, Spain, 6-4, 6-3.  
Marcel Granollers, Spain, def. Benjamin Becker, Germany, 6-4, 6-7 (4), 6-4.

Paolo Lorenzi, Italy, def. Ivan Ljubicic, Croatia, 7-6 (7), 6-1.

Xavier Malisse, Belgium, def. Ryan Sweeting, U.S., 7-6 (3), 6-4.

Somdev Devvarman, India, def. Potito Starace, Italy, 6-2, 6-4.

Alex Bogomolov, Jr., U.S., def. Victor Hanes-cu, Romania, 6-3, 4-6, 7-5.

Marsel Ilhan, Turkey, def. Tobias Kamke, Germany, 6-2, 6-1.

Juan Martin del Potro, Argentina, def. Ricardo Mello, Brazil, 6-4, 6-4.

Igor Andreev, Russia, def. Santiago Giraldo, Colombia, 6-1, 2-6, 6-1.

Denis Istomin, Uzbekistan, def. Donald Young, U.S., 6-4, 6-3.

Igor Kunitsyn, Russia, def. Robert Kendrick, U.S., 5-4, retired.

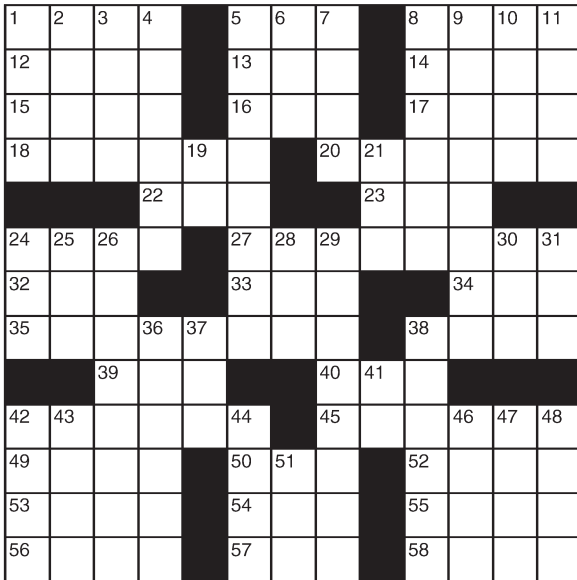
## Crossword

## Across

1 Napoleon's exile site  
5 Weep  
8 A really long time  
12 48-Down refrain  
13 Discoverer's call  
14 Horseback game  
15 One-on-one fight  
16 Solemn promise  
17 Elliptical  
18 Tried hard  
20 "MythBusters" fodder  
22 Kids' card game  
23 Sun. speech  
24 Swabs the deck  
27 Thief  
32 Tavern  
33 Prior to  
34 Have debts  
35 Scented  
38 Raised  
39 Book-spine abbr.  
40 Inseparable  
42 Everest guide  
45 Whirlpool  
49 Iowa crop  
50 Formerly named  
52 Barbershop request  
53 "Mamma Mia!" inspiration  
54 Blunder  
55 Circle dance  
56 Asking too many questions  
57 Existed  
58 Dumbfounds

## Down

1 Odds' mates  
2 Lummo  
3 "Cheers" order  
4 Lets

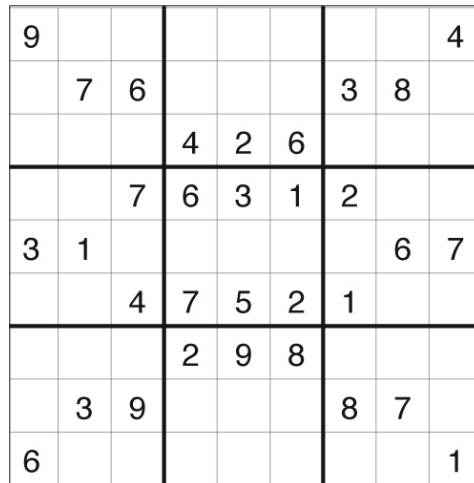


5 Bedspread  
6 Pi follower  
7 Loud, mournful cry  
8 Far point in an orbit  
9 Head of state?  
10 Verve  
11 Auctioneer's call  
19 Richmond's st.  
21 Computer key  
24 Biz deg.  
25 Rowing need  
26 Book before Ecclesiastes  
28 "Entourage" role  
29 Gets better  
30 Ram's mate  
31 Roulette bet  
36 Cheesy cream sauce  
37 Matterhorn, for one  
38 "Big" name in World War I  
41 "Forget it!"  
42 Read bar codes  
43 Vagrant  
44 From the top  
46 Think, old-style  
47 Ireland  
48 Yuletide  
51 Historic time

## Yesterday's answer



## Sudoku



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Yesterday's answer

1	6	3	4	5	2	7	9	8
4	7	2	9	8	3	6	1	5
5	9	8	1	7	6	3	4	2
8	3	9	2	6	7	1	5	4
6	5	1	8	4	9	2	7	3
2	4	7	3	1	5	8	6	9
9	8	4	7	3	1	5	2	6
3	1	6	5	2	4	9	8	7
7	2	5	6	9	8	4	3	1

## A look at the weather



**TODAY**  
Min -5°  
Max -2°



**FRIDAY**  
Min -6°  
Max 0°



**SATURDAY**  
Min -7°  
Max 2°

## Andrew Schultz, Meteorologist

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." WEEKDAYS 6AM



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## Today's horoscope

**♈ Aries** March 21-April 20 It's not like you to worry about things over which you have no control, so why start now? Whatever the reason you, must get over it because the Sun in your sign promises wonderful opportunities.

**♉ Taurus** April 21-May 21 You seem torn between doubling your efforts to reach your goal and giving up on it. But why should it be one or the other? Look for the middle way.

**♊ Gemini** May 22-June 21 Focus on positive things and happy thoughts and make sure you avoid people whose negative attitudes might bring you down. If they want to be miserable that's up to them, but you don't have to live with it.

**♋ Cancer** June 22-July 22 Something is about to come back into your life that you thought you had seen the last of, but it's no big deal. In a way it's good because this time you know how best to deal with it.

**♌ Leo** July 23-Aug. 23 Today's somewhat difficult Saturn-Nep- tune contact means you need to take a more even-handed approach to partnership matters. You should know that success depends on co-operation.

**♍ Virgo** Aug. 24-Sept. 22 What happens today will remind you that sometimes the old way of doing things is best. Fortunately, you have never been one to follow the latest "big thing" so you won't find it too hard to stick with tradition.

For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

**♎ Libra** Sept. 23-Oct. 23 Try not to take too negative a view of other people's motives today, otherwise you might miss out on something that is both enjoyable and profitable.

**♏ Scorpio** Oct. 24-Nov. 22 You may be tempted to say something negative to a loved one, but is it really necessary? Even if your words are true, think of how her or she might take the situation and make it worse than it needs to be.

**♐ Sagittarius** Nov. 23-Dec. 21 The Sun and Jupiter, your ruling planet, in your fellow Fire sign of Aries will bring the inspiration you have been looking for, so don't try too hard. Give your mind and your body a rest today.

**♑ Capricorn** Dec. 22-Jan. 20 Don't worry if the words you are searching for remain just out of reach today. You may be feeling a bit tongue-tied at the moment, but it won't last.

**♒ Aquarius** Jan. 21-Feb. 18 To get the most out of the day, you must limit yourself to those aims that are truly important. If you spread your energy too thin, you will only accomplish a fraction of what could have been done.

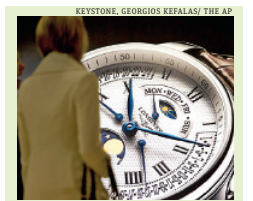
**♓ Pisces** Feb. 19-March 20 The more others criticize what you are doing, the more determined you will be to carry on. Anyone who thinks you will change your ways just because he or she says you should has a lot to learn. **SALLY BROMPTON**

## Caption contest



## WIN! You write it!

Write a funny caption for the image to the right and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.



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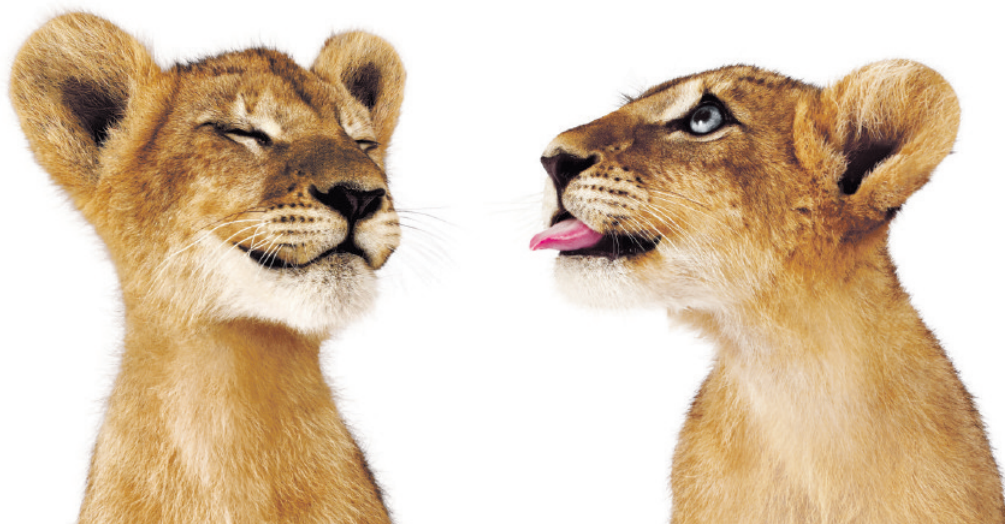
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